

**Inter District Cross Country
Championships**

**Beach Park
Irvine
Saturday 15th January 2022**

<u>Race</u>	<u>Start</u>	<u>Dist.</u>
Under 13 Boys	1100	3000m
Under 13 Girls	1115	3000m
Under 15 Girls	1130	4000m
Under 15 Boys	1150	4000m
Under 17 Women	1210	6000m
Under 17 Men	1235	6000m
Senior / Under 20 Women	1300	7000m
Senior / Under 20 Men	1335	7000m



Inter District Cross Country
Beach Park
Saturday 15th January 2022
OFFICIALS

Referee:	Ron Morrison
Assistant Referee:	Margaret-Ann MacLachlan
Clerk of Course:	
Line Judge:	Andy Law
Judges / Funnel Control	Sandra Hardacre, Ken Monaghan
Recorders:	Ian Hislop, Jean Youden, Laurence Baker
Video Operator:	Lindsay McMahon
Officials Report:	
Timekeepers:	Martin Rowe, Jim Galbraith
Time Recorder:	Dave Cairns, Megan Wright
Starter:	David Hughes
Starter Assistant:	George Newman, Janice MacFarlane
Announcer:	Alan Potts, Leslie Roy (Presentations)
Declarations / Team Medals:	Team Managers: East District, North District, West District Team Managers: Scottish Students, NE England
Results:	Alex Jackson, Tracey Hendry
Presentations:	Leslie Roy, Mike Johnstone
Course Marshals	Members of North Ayrshire AAC
Convenor	Dawn Armitt
Press:	Peter Jardine, Bobby Gavin
scottishathletics would like to thank the following for their assistnace in running today's event:	
North Ayrshire AAC	Amvale Medical
North Ayrshire Council	

Saturday 15th January

Race / Age Group	Declarations Close	Race Starts	Distance
Under 13 Boys	1030hrs	1100	3000m
Under 13 Girls	1045hrs	1115	3000m
Under 15 Girls	1100hrs	1130	4000m
Under 15 Boys	1120hrs	1150	4000m
Under 17 Women	1140hrs	1210	6000m
Under 17 Men	1205hrs	1235	6000m
Senior / Under 20 Women	1230hrs	1300	7000m
Senior / Under 20 Men	1305hrs	1335	7000m

scottishathletics Inter District Cross Country Championships
Entry Lists

Bib	Forename	Surname	District	Team/Club
332	Eilidh	Dallas	East	Strathearn Harriers
333	Cerys	Wright	East	Team East Lothian
334	Emily	Christie	East	Falkirk Victoria Harriers
335	Freya	Brown	East	Team East Lothian
336	Emilie	Paul	East	Harmeny AAC
337	Kirsty	Rankine	East	Gala Harriers
338	Nancy	Corrie	East	Harmeny AAC
339	Joanna	Hirst	East	Edinburgh AC
340	Carys	Melton	East	Harmeny AAC
341	Georgia	Bruce	East	Harmeny AAC
342	Annabelle	Van der Merwe	East	Edinburgh AC
343	Zoey	Morgan	East	Dundee Hawkhill Harriers
344	Elise	Field	East	Gala Harriers
345	Ava	Richardson	East	Gala Harriers
346	Kacie	Brown	East	Gala Harriers
378	Leah	Buchan	East	Harmeny AAC
347	Lois	Macrae	North	Inverness Harriers
348	Flora	Sutherland	North	Ross County AC
349	Rosie	Conroy	North	Inverness Harriers
350	Sky	Simpson	North	Inverness Harriers
351	Alexandra	Whelan	North	Moray Road Runners
352	Anna	Meek	North	Highland Hill Runners
353	Anna	Macdonald	North	North Uist AAC
354	Aoibhe	Doorley	North	Inverness Harriers
355	Lucy	Beastall	North	Inverness Harriers
356	Isla	Burns	North	Inverness Harriers
357	Lucy	Fraser	North	Ross County AC
358	Anna	Fraser	North	Ross County AC
359	Jessica	Needs	North	Peterhead AC
360	Maddison	Macmillan	North	Lochaber AC
361	Eilidh	Caldow	West	Giffnock North AC
362	Matilda	Frew	West	East Kilbride AC
363	Freya	Scobie	West	Giffnock North AC
364	Aneesa	Phillips	West	Giffnock North AC
365	Jemma	Macleod	West	Cumbernauld Amateur Athletics Club
366	Millie	Boothman	West	Giffnock North AC
367	Eve	Morrison	West	Victoria Park City of Glasgow AC
368	Eihlinn	Gillespie	West	Glasgow School of Sport
369	Anna	Elizabeth Ross	West	Victoria Park City of Glasgow AC
370	Millie	Gairn	West	Glasgow School of Sport
371	Erin	Burnett	West	Garscube Harriers
372	April	Macaulay	West	Giffnock North AC
373	Eva	Saez	West	Giffnock North AC
374	Sarah	McNulty	West	Giffnock North AC
375	Skye	Smith	West	Springburn Harriers

Bib	Forename	Surname	District	Team/Club
292	Daniel	McIntyre	East	Harmeny AAC
293	Ray	Taylor	East	Falkirk Victoria Harriers
294	Harry	Mackay	East	Edinburgh AC
295	Howie	Allison	East	Team East Lothian
296	Tom	Brydie	East	Edinburgh AC
297	Reuben	Lees	East	Edinburgh AC
298	Hamish	Hunter	East	Falkirk Victoria Harriers
299	Josh	Daunt	East	Edinburgh AC
300	Archie	Dalgliesh	East	Gala Harriers
301	Jake	Page	East	Team East Lothian
302	Joe	Smith	East	Musselburgh & District AC
303	Danny	Convery	East	Edinburgh AC
304	Finch	Gearry	East	Fife AC
305	Zak	Turtle	East	Edinburgh AC
306	Fergus	Ross	East	Harmeny AAC
307	Finlay	McLuckie	North	Elgin AAC
308	Rowin	Schiller	North	Ross County AC
309	Ruairidh	Smith	North	Stornoway R & AC
310	Callum	Thompson	North	Nairn Area AAC
311	Fraser	Imlack	North	Inverness Harriers
312	Jamie	Macgruer	North	Ross County AC
313	Ewan	Thompson	North	Nairn Area AAC
314	Jack	Henderson	North	Inverness Harriers
315	Hugh	Burnett	North	Inverness Harriers
316	Calum	Duffy	North	Ross County AC
317	Angus	Wilkinson	West	East Kilbride AC
318	Calum	Dick	West	Giffnock North AC
319	Rhuairidh	Laing	West	Victoria Park City of Glasgow AC
320	Alistair	Street	West	Kilbarchan AAC
321	Patrick	Fraser	West	Giffnock North AC
322	Aaron	Reid	West	Giffnock North AC
323	John	Frood	West	Law & District AAC
324	Angus	Fraser-Moodie	West	Springburn Harriers
325	Daniel	Hendry	West	Garscube Harriers
326	Cameron	Mitchell	West	Giffnock North AC
327	Myles	MacCaulay	West	Giffnock North AC
328	Jamie	McCarthy	West	Cambuslang Harriers
329	Ethan	Scobie	West	Giffnock North AC
330	Ben	Baillie	West	East Kilbride AC
331	Billy	McKie	West	Kilbarchan AAC

Bib	Forename	Surname	District	Team/Club
251	Jessica	Taylor	East	Edinburgh AC
252	Charlotte	Horne	East	Falkirk Victoria Harriers
253	Orlaith	Shepherd	East	Edinburgh AC
254	Olivia	Robbins	East	Team East Lothian
255	Eliza	Konig	East	Fife AC
256	Freya	Mowbray	East	Lasswade AC
257	Erin	Gray	East	Gala Harriers
258	Lois	Cant	East	Falkirk Victoria Harriers
259	Charlotte	MacPhie	East	Corstorphine AAC
260	Katie	Sandilands	East	Fife AC
261	Isabella	Ogg	East	Falkirk Victoria Harriers
262	Lola	Lockyer	East	Moorfoot Runners
263	Katie	Hedges	East	Falkirk Victoria Harriers
264	Niamh	McKinlay	East	Central AC
265	Dashka	MacDonald	East	Edinburgh AC
266	Abbie	Stewart	North	Stornoway R & AC
267	Kirsten	Burnett	North	Inverness Harriers
268	Katie	Meek	North	Inverness Harriers
269	Caitlyn	Heggie	North	Ross County AC
270	Kyla	McMurdo	North	Stornoway R & AC
271	Iona	Scott	North	Inverness Harriers
272	Amy	Macritchie	North	Stornoway R & AC
273	Kate	McLuckie	North	Elgin AAC
274	Ailsa	Mackinnon	North	North Uist AAC
275	Amber	Cameron	North	Nairn Area AAC
276	Layla	Todd	North	Shetland AC
376	Emily	Murray	North	Stornoway R & AC
277	Freya	Campbell	West	Giffnock North AC
278	Zara	Redmond	West	Kilbarchan AAC
279	Amy	Teasdale	West	Kilbarchan AAC
280	Jessica	Inglis	West	Law & District AAC
281	Scarlett	Wilson	West	Giffnock North AC
282	Millie	McClelland Brooks	West	Glasgow School of Sport
283	Rhianna	Docherty	West	East Kilbride AC
284	Mili	Macfarlane	West	Giffnock North AC
285	Ava	Beaton	West	Inverclyde Athletic Club
286	Katie	Woods	West	Shettleston Harriers
287	Olivia	Warboys	West	Kilmarnock Harriers & AC
288	Lauren	McPherson	West	Giffnock North AC
289	Kayla	Dinnin	West	Nithsdale AC
290	Olivia	McNicol	West	Cambuslang Harriers
291	Aimee	Anderson	West	East Kilbride AC

Bib	Forename	Surname	District	Team/Club
210	Andrew	McWilliam	East	Lasswade AC
211	Rowan	Taylor	East	Lasswade AC
212	Luke	Culliton	East	Falkirk Victoria Harriers
213	Innes	Wright	East	Team East Lothian
214	Rhys	Crawford	East	Aberdeen AAC
215	Dylan	Daunt	East	Edinburgh AC
216	Dan	McGuire	East	Harmeny AAC
217	Zico	Field	East	Gala Harriers
218	Thomas	Reynolds	East	Aberdeen AAC
219	Oscar	Chirnside	East	Aberdeen AAC
220	Finlay	McKay	East	Aberdeen AAC
221	Andrew	Grant	East	Strathearn Harriers
222	Matthew	Holden	East	Harmeny AAC
223	James	Wotherspoon	East	Harmeny AAC
224	Struan	Gatherer	East	Perth Strathtay Harriers
225	Michael	Bishenden	North	Forres Harriers
226	Iain	Matheson	North	Stornoway R & AC
227	Michael	Miller	North	Inverness Harriers
228	Jordan	Nicolson	North	Stornoway R & AC
229	Lewis	Paterson	North	Moray Road Runners
230	Alistair	Young	North	Ross County AC
231	Finlay	Macleod	North	Stornoway R & AC
232	Andrew	Baird	North	Ross County AC
233	Bill	Symon	North	Forres Harriers
234	Stuart	Mackay	North	Stornoway R & AC
235	Euan	Flett	North	Stornoway R & AC
236	Craig	Shennan	West	Giffnock North AC
237	Alasdair	Nugent	West	Giffnock North AC
238	Jack	Wallace	West	Giffnock North AC
239	Angus	Millar	West	Springburn Harriers
240	Andrew	Shorts	West	Kilbarchan AAC
241	Calan	Chong	West	Giffnock North AC
242	Ryan	Kellock	West	Law & District AAC
243	James	Mowat	West	Giffnock North AC
244	Ruari	Laskey	West	Giffnock North AC
245	Jamie	Connor	West	East Kilbride AC
246	Sam	McCarthy	West	Cambuslang Harriers
247	Robert	Nicol	West	Garscube Harriers
248	Sam	Walton	West	North Ayrshire AC
249	Alasdair	Maclean	West	Ayr Seaforth AC
250	Oliver	MacDonald	West	Giffnock North AC

Bib	Forename	Surname	District	Team/Club
170	Maja	Thomson	East	Team East Lothian
171	Isla	Hedley	East	Fife AC
172	Sorcha	Shepherd	East	Edinburgh AC
173	Natasha	Phillips	East	Dundee Hawkhill Harriers
174	Hannah	Taylor	East	Aberdeen AAC
175	Isla	Paterson	East	Gala Harriers
176	Jessica	Heeps	East	Livingston AC
177	Caitlyn	Christie	East	Falkirk Victoria Harriers
178	Anise	MacAulay Orr	East	Edinburgh AC
179	Olivia	Meikle	East	Lasswade AC
180	Katie	Christie	East	Falkirk Victoria Harriers
181	Ella	Nicholson	East	Team East Lothian
182	Lauren	Doney	East	Corstorphine AAC
183	Erin	Hendry	East	Falkirk Victoria Harriers
184	Amy	Crawford	East	Corstorphine AAC
185	Beth	Urquhart	North	Moray Road Runners
186	Rachel	Murray	North	Stornoway R & AC
187	Joni	Smith	North	North Uist AAC
188	Mara	Duffy	North	Inverness Harriers
189	Francesca	Greenstock	North	Stornoway R & AC
190	Emily	Bell	North	Ross County AC
191	Anna	Cairns	North	Inverness Harriers
192	Hannah	Stephen	North	Moray Road Runners
193	Faith	Clark	North	Deverondale
194	Morag	Lynch	North	Ross County AC
195	Louisa	Brown	West	Garscube Harriers
196	Hannah	Ryding	West	Giffnock North AC
197	Millie	Nicholl	West	Cambuslang Harriers
198	Fiona	Currie	West	Law & District AAC
199	Amiya	Patel	West	Garscube Harriers
200	Esme	Dougall	West	Giffnock North AC
201	Emma	McLennan	West	Giffnock North AC
202	Kate	Paul	West	Giffnock North AC
203	Katie	Slimon	West	Glasgow School of Sport
204	Beth	Trainer	West	Garscube Harriers
205	Rachel	Giffen	West	Springburn Harriers
206	Tuscany	Wright	West	Giffnock North AC
207	Ella	Youngs	West	Giffnock North AC
208	Islay	Hubbard	West	Ayr Seaforth AC
209	Abbie	McClue	West	Cambuslang Harriers

Bib	Forename	Surname	District	Team/Club
127	Corey	Campbell	East	Team East Lothian
128	Connor	Bell	East	Central AC
129	Tendai	Nyabadza	East	Harmeny AAC
130	Struan	Bennet	East	Fife AC
131	Conan	Harper	East	Teviotdale Harriers
132	Warren	Lorente	East	Dundee Hawkhill Harriers
133	Cameron	Kerr	East	Central AC
134	Angus	Wright	East	Team East Lothian
135	Aleksander	Jovicic	East	Aberdeen AAC
136	Finlay	Ross	East	Harmeny AAC
137	Reiss	Marshall	East	Fife AC
138	Logan	Beagley	East	Livingston AC
139	Harris	Pagett	East	Strathearn Harriers
140	Aidan	Page	East	Team East Lothian
141	Ethan	Lorimer	East	Harmeny AAC
142	Roy	Taylor	North	Elgin AAC
143	Murray	MacDonald	North	Stornoway R & AC
144	Seonaidh	MacInnes	North	North Uist AAC
145	Sam	Burnett	North	Inverness Harriers
146	Tom	Palmer	North	Elgin AAC
147	Caleb	MacLeod	North	Inverness Harriers
148	Ruaridh	Ellen	North	Ross County AC
149	Fraser	Anderson	North	Lochaber AC
150	Charlie	Morrison	North	Stornoway R & AC
151	Bruce	Evans	North	Forres Harriers
152	Gregor	Naughton	North	Deverondale
153	Ben	Webster	North	Inverness Harriers
154	Ryan	Curran	North	Nairn Area AAC
155	Reuben	MacDonald	West	Giffnock North AC
156	Fraser	Gilmour	West	Victoria Park City of Glasgow AC
157	Cameron	Green	West	Giffnock North AC
158	Cameron	Deverill	West	Giffnock North AC
159	Callum	MacDonald	West	Garscube Harriers
160	Luke	Lindsay	West	Kilbarchan AAC
161	Jonathon	Downey	West	Kilmarnock Harrier & Athletic Club
162	Jamie	Phillips	West	Kilmarnock Harrier & Athletic Club
163	Oscar	Logan	West	Law & District AC
164	Matthew	Knak	West	Giffnock North AC
165	Josh	Adams	West	Giffnock North AC
166	Lewis	Roddis	West	Cambuslang Harriers
167	Harry	McDougall Smith	West	Garscube Harriers
168	Jonathan	Dow	West	Cambuslang Harriers
169	Glen	Griffiths	West	Giffnock North AC

Bib	Forename	Surname	District	Team/Club
62	Alexander	Chepelin	East	Carnethy Hill Racing Club
63	Kristian	Jones	East	Dundee Hawkhill Harriers
64	Alastair	Hay	East	Central AC
65	Fergus	Roberts	East	Ochil Hill Runners
66	Luca	Fanottoli	East	Central AC
67	Matthew	Sutherland	East	Central AC
68	Ewan	Brown	East	Corstorphine AAC
69	Andrew	McGill	East	Livingston AC
70	Jamie	Crowe	East	Central AC
71	Lewis	Rodgers	East	Fife AC
72	Jamie	Stevenson	East	Ochil Hill Runners
73	James	Dunn	East	Corstorphine AAC
74	Aaron	Odentz	East	Aberdeen AAC
75	Tom	Graham-Marr	East	Central AC
76	Callum	Tharme	East	Central AC
77	Kenny	Wilson	North	Moray Road Runners
78	Ross	Gollan	North	East Sutherland AC
79	John	Newsom	North	Inverness Harriers
80	Gordon	Lennox	North	Highland Hill Runners
81	James	Wilson	North	Moray Road Runners
82	Blair	Mackay	North	East Sutherland AC
83	Keith	Mcintyre	North	Fraserburgh RC
84	Stuart	Gardiner	North	Inverness Harriers
85	Luke	Davidson (U20)	North	Inverness Harriers
86	Lucas	Cairns (U20)	North	Inverness Harriers
87	Angus	Smith (U20)	North	Inverness Harriers
88	Ewan	Davidson	North	Moray Road Runners
89	Finlay	Todd	North	Ross County AC
90	Finlay	Murray	North	East Sutherland AC
91	Euan	Rollo (U20)	North	Inverness Harriers

Bib	Forename	Surname	District	Team/Club
377	Ben	Shaw	West	Edinburgh University
92	Lachlan	Oates	West	Shettleston Harriers
93	Fraser	Stewart	West	Cambuslang Harriers
94	Michael	Christoforou	West	Cambuslang Harriers
95	John	Bell	West	Inverclyde Athletic Club
96	Peter	Avent	West	Shettleston Harriers
97	Ross	Gray	West	Inverclyde Athletic Club
98				
99	Robbie	Ferguson	West	Kilbarchan AAC
100	Daniel	Bradford	West	Shettleston Harriers
101	Grant	Baillie	West	East Kilbride AC
102	Andrew	Douglas	West	Inverclyde Athletic Club
103	Mark	Doherty	West	Inverclyde Athletic Club
104	Christopher	McGarrity	West	Shettleston Harriers
105	Callum	Matthews	West	Kilbarchan AAC
106	Calum	Young	West	Giffnock North AC
107	Max	Abernethy	STUD	Fraserburgh RC / Aberdeen University
108	Jamie	Burns	STUD	Shettleston Harriers / Glasgow University
109	Christian	Graham	STUD	Lasswade AC / Dundee University
110	Tom	Graham-Marr	STUD	Central AC / Aberdeen University
111	Harry	Henriksen	STUD	Lasswade AC / Edinburgh University
112	Hamish	Hickey	STUD	Central AC / Stirling University
113	Kirstof	Hornyik	STUD	Dundee Hawkhill Harriers / St. Andrews University
114	Matt	Knowles	STUD	Edinburgh University
115	Noah	Lambert	STUD	St. Andrews University
116	Pol	Le Bot	STUD	Dundee University
117	Finn	Lydon	STUD	Carnethy HRC / Heriot-Watt University
118	Alastair	Marshall	STUD	Central AC / Stirling University
119	Calum	Phillip	STUD	Central AC / Stirling University
120	Kieran	Reilly	STUD	Stirling University
121	Magnus	Tait	STUD	Lasswade AC / Glasgow University
122	Finn	Brodie	NENG	Morpeth
123	Josh	Dickinson	NENG	Leeds City
124	Lee	Milburn	NENG	Rotherham
125	Cameron	Bell	NENG	Hallamshire
126	Sam	Dickinson	NENG	York

Bib	Forename	Surname	District	Team/Club
1	Morag	Millar	East	Central AC
2	Sara	Green	East	Gala Harriers
3	Lauren	Wilson	East	Edinburgh AC
4	Kirsty	Dickson	East	Carnethy Hill Racing Club
5	Beth	Ansell	East	Edinburgh AC
6	Amy	Frankland	East	Lasswade AC
7	Claire	Bruce	East	Metro Aberdeen RC
8	Megan	Crawford	East	Fife AC
9	Catriona	Buchanan	East	Central AC
10	Jillian	Stephen	East	HBT
11	Catriona	Graves	East	Carnethy Hill Racing Club
12	Kirstin	Maxwell	East	Corstorphine AAC
13	Freya	Ross	East	Falkirk Victoria Harriers
14	Sophie	Collins	East	Corstorphine AAC
15	Lauren	Stoddart	East	Edinburgh AC
16	Catriona	Fraser	North	Inverness Harriers
17	Kirstie	Rogan	North	Highland Hill Runners
18	Sarah	Attwood	North	Skye & Lochalsh RC
19	Emma	Watt	North	JSK RC
20	Isla	Mackay	North	Lochaber AC
21	Joanna	Gillies	North	Stornoway R & AC
22	Mhairi	MacLennan	North	Inverness Harriers
23	Caroline	Marwick	North	Highland Hill Runners
24	Emma	Murray	North	JSK RC
25	Siobhan	Evans	North	Forres Harriers
26	Sophie	Young	North	Inverness Harriers
27				

Bib	Forename	Surname	District	Team/Club
28	Catriona	MacDonald	West	Bellahouston Road Runners
29	Gillian	Black	West	Victoria Park City of Glasgow AC
30	Nynke	Mulholland	West	Inverclyde Athletic Club
31	Yvonne	McNairn	West	Giffnock North AC
32	Kayleigh	Jarrett	West	Shettleston Harriers
33	Hannah	Terrance	West	Springburn Harriers
34	Madeline	Watson	West	Law & District AAC
35	Lesley	Bell	West	Garscube Harriers
36	Aoife	Carr	West	Glasgow University
37	Ruth	Joss	West	Shettleston Harriers
38	Avril	Mason	West	Shettleston Harriers
39	Nicola	Hood	West	Dumfries RC
40	Meredith	Reid	West	Inverclyde Athletic Club
41	Louise	Hastie	West	Kilbarchan AAC
42	Hannah	Anderson	STUD	East Kilbride AC / Edinburgh University
43	Zoe	Bates	STUD	Aberdeen AAC / Aberdeen University
44	Matilda	Cornall	STUD	Glasgow University
45	Megan	Keith	STUD	Inverness Harriers AAC / Edinburgh University
46	Rhiannon	Kirk	STUD	Edinburgh University
47	Georgie	Ledingham	STUD	Corstorphine AAC / Edinburgh University
48	Holly	Little	STUD	VP-Glasgow AC / Queen Margret's University
49	Katie	Lowery	STUD	Edinburgh University
50	Lynn	McKenna	STUD	Giffnock North AC / Glasgow University
51	Emily	McNicol	STUD	Law & District AAC / Strathclyde University
52	Constance	Nankivell	STUD	East Sutherland AC / Edinburgh University
53	Holly	Page	STUD	Edinburgh University
54	Caitlin	Purcell	STUD	Aberdeen AAC / Edinburgh University
55	Kirsty	Purcell	STUD	Aberdeen AAC / Edinburgh University
56	Sarah	Tait	STUD	Lasswade AC / Stirling University
57	Caroline	Lanbert	NENG	Mandale
58	Ruth	Jones	NENG	Salford
59	Amelia	Pettitt	NENG	Vale Royal
60	Rhianne	Hughes	NENG	Leeds City
61	Betty	Bergstrand	NENG	Mandale

**Inter District Cross Country
Championships**

NOTES





Race	Start	Dist
U13 Boys	1100	1xYellow (3km)
U13 Girls	1115	1xYellow (3km)
U15 Girls	1130	1xPurple (4km)
U15 Boys	1150	1xPurple (4km)
U17 Wom	1210	2xYellow (6km)
U17 Men	1235	2xYellow (6km)
Sen/U20W	1300	1xYel 1xPur (7km)
Sen/U20M	1335	1xYel 1xPur (7km)